

September 2024 | Quarter III

Northwest AMCP

The official newsletter of NW-AMCP

Message from Our President Cari Hall

Greetings Northwest Affiliate Members!

We're already heading into Q4 of this year, and I want to thank everyone who has joined us at events and discussions so far. A special thanks to our sponsors for their ongoing support. As the crisp air sets in, the smell of pumpkin spice lattes fills the air, and the leaves turn vibrant colors, it's clear that fall is here—a perfect time to reflect and reconnect.

Upcoming Events: Explore our upcoming events listed in this newsletter; we look forward to seeing you there! If you're attending AMCP Nexus in Las Vegas, Nevada, we're excited to reconnect. Join our Affiliate meeting on October 15th from 7-8 pm in room 204 at the MGM Grand, where we'll share our plans and updates, followed by a networking break.

Recent Highlights: After the AMCP Annual Meeting, we hosted a summer networking event in Beaverton, led a virtual CE session on HAE treatment with Pharmacy Times, and organized a Managed Care 101 session with Pacific University students. In Seattle, we facilitated a session on "Providing Effective Performance Feedback" and held a Managed Care Day for students in Portland.

Supporting Students: We partnered with LEO Pharma and Gilead to provide students with manufacturer experiences in Madison, NJ, and Foster City, CA. We increased conference grants for Nexus to reduce travel costs and have set a comprehensive agenda for Portland Managed Care Day on October 2nd at Moda Tower. Additionally, we are actively pursuing guest lectures and career fair opportunities to promote managed care in additional areas of the Northwest.

Looking Ahead: We always welcome your feedback and ideas. Reach out at events or connect with the NW AMCP Board to share your thoughts. Thank you for your continued support—it keeps our Northwest AMCP community thriving.

'Autumn is a second spring when every leaf is a flower.' – Albert Camus.
So, grab your scarves and join us as we embrace this season of growth and opportunity.

Cari Hall

Cari Hall

President, Northwest AMCP Affiliate

Newsletter Highlights

[Mentee-Mentor Spotlight](#)

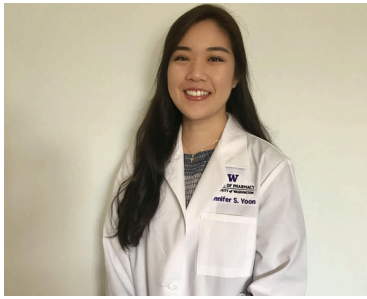
[Join Our Mentorship Program!](#)

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MENTEE-MENTOR SPOTLIGHT!!



Mentee

Jennifer (Jenn) Yoon, PY4
University of Washington

Mentor

Erin Nowak, PharmD
Medical Outcomes & Science Liaison at AbbVie



Mentee Bio:

Hello! My name is Jenn Yoon. I'm originally from Florida but moved to Washington for pharmacy school. Why all the way in Washington you may ask? Because it was something scary, unfamiliar, and new, and for those reasons it just felt right. UWSOP also has a unique opportunity for students to be able to complete both a PharmD and MBA at the same time, which I gladly took advantage of. Why pharmacy and business together? Something I appreciate about pharmacists is that they are perhaps the humblest of all healthcare providers. Working tirelessly to provide exceptional care to patients and always working in the background to ensure their safety, but never needing recognition for the hard work put in. I truly believe that pharmacists are the backbone of the healthcare system and are the reason why patient care has evolved into what it is now. Additionally, learning about business has given me even greater insight into how the real world really works. Money and business are the source of all problems and all solutions. They are the rate-limiting factors in how the healthcare system is able to overcome obstacles and provide effective, safe, but also affordable care for our patients. Managed care pharmacists have both this humility and deep insight to be able to make these appropriate and necessary healthcare decisions. This is precisely the reason why I hope to pursue a career in this field post-graduation, starting with a managed care residency (hopefully). AMCP has been such an amazing contributor to growing my passion for patient care and pharmacy, and I am extremely grateful to be part of this organization.

What lessons have you gained from being a mentee?

As a mentee, I have learned that having a mentor is extremely important for my professional journey and growth. Navigating through pharmacy school and future career opportunities does not need to be as scary as I make it, especially with a mentor by my side. The endless support I receive through a mentor is something I never knew I needed, or thought would help as much as it has. From understanding the residency application process, to interview prep, and learning how to better network, working with a mentor has shown me how much I did not know, and how much I would have missed out on without some extra help.

(Mentee) What lessons have you learned from each other?

Working with Erin, I have learned that I am in a much better place than I would have thought I was at this point going into my fourth year of pharmacy school. She has taught me that it is okay to feel self-doubt and that I am not alone in my feelings. I have also learned through her how to be kinder to myself and be proud of what I have accomplished so far, allowing me to release a lot of the anxieties I have been holding onto throughout my entire pharmacy school journey.

(Mentor) What lessons have you learned from each other?

One important lesson I've learned from Jenn is the significance of embracing new & unfamiliar opportunities. Jenn's decision to move from FL to WA for pharmacy school, despite the challenges and uncertainties, reminds me of the importance of stepping outside my comfort zone and pursuing new opportunities. Embracing the unknown leads to personal growth and development, and allows you to discover new skills and passions, and gain valuable insights.

(Something I appreciate about my mentor...

I appreciate the endless support and encouragement I receive from Erin. She is so extremely patient with me and continues to always lift me up when I am being hard on myself. Her calm demeanor and inviting presence help me feel secure in myself, and like I am never alone in this journey. After each meeting I have with her, she never fails to make me feel more motivated and excited for my future. I am so extremely appreciative of her and having her as my mentor. It was the best decision I have ever made throughout my time in pharmacy school to reach out to her.

(Something I appreciate about my mentee...

Jenn is very accountable and proactive. She takes ownership of her responsibilities and consistently follows through on her commitments, which has been instrumental in achieving goals. Additionally, Jenn's organizational skills are exceptional, and she always has a clear plan of action in place. Her ability to prioritize tasks, manage her time effectively, and stay on top of deadlines has been a great asset to our mentoring relationship. Both of these have been a source of inspiration and motivation for me, and I am grateful for the opportunity to work with such a dedicated and driven mentee.

Unlock Your Potential with our Mentorship Program!



Photo Courtesy of Shutterstock

Program goal: to provide guidance to student pharmacists and pharmacy residents on career development, collaboration with other professionals, and personal growth. This program is open to all students and residents currently enrolled in a pharmacy program, though, priority is given to students and residents enrolled in programs in the Northwest region.

What is Mentorship? Mentorship is a unique opportunity to connect with experienced peers who can guide you through your academic and career journey. Whether you're a P1 or pharmacy resident, having a mentor can make a world of difference in your managed care experience.

Why Sign Up?

- Gain insights from those who've been in your shoes
- Navigate academic choices and career pathways
- Build meaningful connections and lifelong friendships
- Discover your true potential and passion

To sign-up as a Mentee, follow the instructions below:

1. Visit <https://www.amcp.org/northwest-amcp>
2. Review the NW AMCP Student Mentorship Program Guide
3. Identify and email a potential mentor listed in the NW AMCP Student Mentor Directory
4. Once the mentor confirms, work with you mentor to complete the NW AMCP Mentor-Mentee Agreement Form
5. Email form to northwest@amcp.org
6. Start collaborating with your mentor and build a trusting relationship guided around career goals, professional opportunities, and much more!

Are you interested in participating as a Mentor?

1. Review the NW AMCP Student Mentorship Program Guide
2. Complete and email the NW AMCP Volunteer Student Mentor Form to northwest@amcp.org

Fourth Quarter Highlights:

PORTLAND NETWORKING EVENT AT STEEPLEJACK BREWING COMPANY KELLI HOANG & CARLY ALPERT



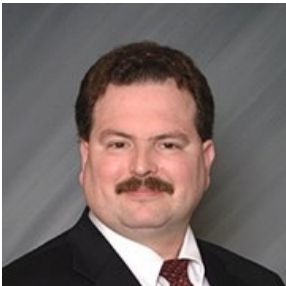
PROFESSIONAL NETWORKING & DEVELOPMENT DINNER PROGRAM HEIDI CHINWUBA & VIVIEN CHAN

Thank you to all who attended the fun evening at Dockside at Dukes focused on you and your team! Effective performance review is a two-way street. Jim Carlson, seasoned Pharmacy Residency Surveyor & Mentor, and Melina Martinez, an aspiring Managed Care leader, shared key insights about delivering and receiving performance feedback effectively. Attendees participated in group discussions, rekindled their passion for professional development and identified key concepts to implement in the workplace.

VIRTUAL PHARMACY TIMES CE SESSION

HEIDI CHINWUBA

Thank you to all who attended the virtual Pharmacy Times CE session on “Managed Care Approaches to Individualize Treatment of Hereditary Angioedema”, hosted during the lunch hour on August 29, 2024. Mark Malesker, PharmD, FCCP, FCCM, FASHP, BCPS, a professor of Pharmacy Practice and Medicine at Creighton University presented on this timely and complex topic. The session was not recorded, but the session will be posted online in September at pharmacytimes.org for anyone who is interested in learning more. Thank you to PTCE for hosting this activity and to all the attendees; we look forward to being able to bring you additional virtual CE offerings in the future.



Annual & Workstream Sponsorships

Cari Hall

The Northwest AMCP Affiliate is immensely appreciative for your contribution to our event! Your support has enabled us to continue our mission to serve the AMCP membership in the states of Alaska, Hawaii, Idaho, Montana, Oregon, and Washington. It means the absolute world to us, and we feel genuinely encouraged by your commitment and cannot express enough gratitude for trusting in our mission.

2023 Annual Gold Sponsors

BeiGene

2023 Annual Bronze Sponsors

Abbott Diabetes Care
Blueprint Medicines
CVS Health

2023 Annual Silver Sponsors

Gilead
Moderna

Workstream Sponsor

(Q4 2023)
Lilly USA, LLC

Is your organization interested in sponsoring Northwest AMCP Affiliate for 2023-2024 year? See below for the different opportunities! Feel free to email northwestamcp@gmail.com for any questions.

GOLD ANNUAL SPONSOR

- **\$7,500**
- All Silver Level Benefits
- 2 registrations to 2 networking event per calendar year
- 2 registrations to 2 educational event per calendar year
- Exhibit table at 2 events per calendar year (dependent on space)
- Opportunity to provide a brief update (2 minutes) at two NW Affiliate events
- Recognition of sponsorship in the NW Affiliate Quarterly Newsletters

SILVER ANNUAL SPONSOR

- **\$5,000**
- All Bronze Level benefits plus
- 2 registrations to 1 networking event per calendar year and
- 2 registrations to 1 educational event per calendar year
- Exhibit table at 1 event per calendar year (dependent on space)

BRONZE ANNUAL SPONSOR

- **\$2,500**
- 1 registration to 1 networking event per calendar year
- 1 registration to 1 educational event per calendar year
- Recognition of sponsorship in one post on the NW AMCP LinkedIn and Instagram accounts and
- Recognition of sponsorship in one article in a NW AMCP quarterly newsletter

WORKSTREAM SPONSOR

- **\$500**
- 1 registration to sponsored workstream/event
- Recognition of sponsorship in one post on the NW AMCP LinkedIn and Instagram accounts
- Recognition of sponsorship in one article in a NW AMCP quarterly newsletter

Help us continue to serve our members in Alaska, Hawaii, Idaho, Montana, Oregon, and Washington!



UPCOMING EVENTS:

MORE EVENTS COMING SOON!

Managed Care Day

- October 2nd in Portland, OR

Coming This Fall: *Our first Idaho CPE event with the IRA as topic!*

- Details coming soon!

We're busy at work planning some very exciting events for our NW AMCP members! Keep an eye out for our emails with more details and registration information!

If you're interested in volunteering or want to be more involved, please email us!

NORTHWEST@AMCP.ORG

OCTOBER 15TH: AFFILIATE MEETING AT AMCP NEXUS

- 7pm-8pm
- MGM Grand, Room 204

Hope everyone
enjoys their summer!



SAVE THE DATE

AFFILIATE MEETING
AT
AMCP NEXUS 2024

—
Please Join Us
—

15 October 2024 | 7-8 PM
MGM Grand, Room 204



AMCP
Northwest

NATIONAL AMCP UPDATES

AMCP Nexus Meeting 2024

See you there! Oct. 14-17, 2024 at the MGM Grand Las Vegas in Las Vegas, NV

AMCP Collaborate is now LIVE!

Collaborate is a platform for AMCP members to connect and share ideas and solutions about the most vexing challenges in health care today. Join conversations today within the Collaborate connected communities. Learn More [Here](#).

NEW! AMCP Drug Product Pipeline

Check out AMCP's Drug Product Pipeline! Your gateway to tomorrow's medications, treatments, and cures. AMCP and Apperture are proud to present the AMCP Drug Product Pipeline, the latest innovation in providing access and insight into the formulary decision-making process. Learn more [Here](#) about three versions of the Pipeline available for use.

