



# MANAGED CARE PHARMACY AT A GLANCE

Managed care pharmacy professionals use clinical and scientific evidence to ensure the appropriate use of medications, aiming to improve patient and population health outcomes while efficiently using limited healthcare resources.

AMCP is the association that represents managed care pharmacy professionals (MCPs) and provides networking, career opportunities, professional development/CE and more. AMCP advocates on behalf of these professionals to help patients get the medications they need at a cost they can afford.

## WHO ARE MCPS?

AMCP is the only association representing all stakeholders in managed care. Our members are in the business of health care.



PHARMACISTS  
NURSES  
PHYSICIANS



BUSINESS AND FORMULARY EXPERTS



RESEARCH SCIENTISTS

## A CLOSER LOOK AT WHO MCPS ARE...



### SAL THE SAVVY PHARMACY STUDENT

#### GAINS AS AN AMCP MEMBER

- Finds mentors through AMCP local and national programs
- Gains experience in the P&T Competition
- Builds leadership skills through Student Chapters
- Learns about managed care pharmacy via webinars and online events
- Boosts CV with the Fundamentals of Managed Care Pharmacy badge
- Connects with professionals through AMCP Affiliates
- Explores residency/fellowship opportunities at the AMCP Showcase

#### PAIN RELIEVERS

- Lack of Understanding of Managed Care Pharmacy
- Uncertainty about career path after graduation
- Lack skills and expertise in managed care

“ One thing I loved about AMCP as a student is you can walk up to anyone, no matter what their title is or how busy they are. Everyone will stop and network with you, mentor, and exchange contact information. I did a managed care residency when I graduated and have been in managed care since.



### HEALTH PLAN HARRY

#### GAINS AS AN AMCP MEMBER

- Explores unique and complex questions on the AMCP website
- Attends educational sessions or webinars to deepen expertise on key issues
- Expands peer network at national and affiliate events
- Strengthens leadership skills by volunteering on an AMCP committee
- Mentors the next generation of managed care pharmacists through AMCP's mentor programs
- Stays informed on regulatory and legislative changes with AMCP newsletters and alerts

#### PAIN RELIEVERS

- Controlling costs while maintaining quality
- Obtaining CPE credits to maintain license
- Staying current with legislative and policy changes
- Understanding the health care environment and players
- Managing the vast amount of resources and information available

“ I wouldn't be in my role today without AMCP. I got involved early as a student through the P and T competition and intern program. After pharmacy school, I stayed active by being a conference buddy, staffing the booth, and moderating sessions to gain exposure. Now, as a Chief Pharmacy Officer, I highly recommend you not only network but also get involved. Even small actions can lead to valuable connections that shape your future.



### PENNY PBM

#### GAINS AS AN AMCP MEMBER

- Speaks at conferences and webinars to expand knowledge about PBMs
- Advocates for key legislative issues affecting PBMs through grassroots efforts
- Explores complex questions on the AMCP website
- Attends educational sessions or webinars to enhance expertise on key issues
- Expands network and visibility at local and national events to increase understanding of role
- Develops leadership skills by volunteering on AMCP committees
- Mentors future managed care pharmacists through AMCP mentor programs
- Stays informed on regulatory and legislative changes with AMCP newsletters and alerts

#### PAIN RELIEVERS

- Surviving the attacks and misinformation about PBMs
- Controlling costs while maintaining quality
- Being recognized by the players for your role in health care
- Staying current with legislative and policy changes
- Managing the vast amount of resources and information available

“ I was a student member but didn't start in managed care pharmacy right away. After clinical work, I joined a PBM and rejoined AMCP to update my skills. I joined a committee to build leadership skills, where I met my mentor. Networking has been a wonderful experience, and I'll value the lifelong relationships I've formed. I truly consider AMCP members and those I've connected with as family.



### CONNIE CONSULTANT

#### GAINS AS AN AMCP MEMBER

- Builds relationships within managed care pharmacy at local and national events
- Boosts leadership and visibility by volunteering for AMCP or Affiliate committees
- Presents at AMCP educational sessions or webinars
- Stays ahead of regulatory changes with AMCP newsletters and alerts
- Solves complex questions through the AMCP website
- Enhances expertise by attending educational sessions or webinars
- Mentors future managed care pharmacists as a conference buddy or mock interviewer

#### PAIN RELIEVERS

- Understanding the needs and pain points of both payors and pharma
- Staying current with legislative and policy changes
- Grasping the health care environment and diverse perspectives
- Managing vast resources and information
- Connecting with potential clients and research subjects

“ As a longtime member, AMCP has greatly enriched both my personal and professional life. It has provided me with resources to educate and advocate on key issues while offering leadership opportunities that helped me advance to a senior level in my company.



### IDN IAN

#### GAINS AS AN AMCP MEMBER

- Connects with individuals from different phases of care, such as payors and pharma, at AMCP and Affiliate events in your area to increase understanding and break down barriers
- Builds leadership skills by volunteering on an AMCP committee
- Gains information to prepare for regulatory and legislative changes through AMCP newsletters and alerts
- Attends educational sessions or webinars to build expertise on key issues that help with resource allocations
- Uses the AMCP website and JMCP as resources for key information

#### PAIN RELIEVERS

- Budgetary constraints and resource allocations
- Staying current with regulatory and legislative changes
- Understanding the health care environment and players
- Managing the volume of information available
- Not enough time and too much information

“ Joining AMCP welcomed me into a collaborative network that expanded my perspectives and fueled my growth as a healthcare professional. The opportunity to contribute to managed care pharmacy through committees and advocacy has sharpened my skills and deepened my sense of purpose. I'm grateful for AMCP's impact on my career.



### PEG PHARMA

#### GAINS AS AN AMCP MEMBER

- Builds relationships with payors and others by attending and volunteering with AMCP Affiliates
- Uses the AMCP Format for Formulary Submissions to ensure payors have the needed product information
- Increases knowledge of managed care pharmacy issues through education and webinars to better understand client needs
- Develops leadership skills and visibility by volunteering with AMCP
- Prepares for regulatory and legislative changes with AMCP newsletters and alerts
- Maintains pharmacist license through virtual and live CE opportunities
- Stays current on disease research through JMCP

#### PAIN RELIEVERS

- Making connections with payors
- Getting payors to understand the value of my product
- Mergers, acquisitions, and layoffs within the industry
- Merger, acquisitions and layoffs
- The potential impact of IRA and changes in the FDA
- Understand and stay current on the issues that are important to my clients and managed care
- Understanding the diseases my company focuses on

“ I've worked in many managed care pharmacy roles. My first AMCP experience was being warmly welcomed and introduced to others, helping me build a network that now feels like family. These connections have been key to my success today.

## WHERE ARE MCPS?



HEALTH PLANS



PHARMACEUTICAL MANUFACTURERS



PBMS



EVALUATE MEDICATIONS



ASSESS NEW TREATMENTS



CREATE MANAGEMENT PROGRAMS



IDNS



CONSULTANTS



ACADEMIA



COLLABORATE WITH HEALTHCARE PROFESSIONALS



MANAGE COMPLEX REGIMENS

## WHAT DO MANAGED CARE PHARMACISTS DO?

# THE IMPACT OF MCPS

Population health experts analyze patient treatment to find ways to lower medication costs. They decide which drugs to include on approved lists (formularies) and create policies to improve patient health while saving money for employers and healthcare providers.

### MCPS...

- Ensure patient safety
- Analyze prescription data
- Resolve issues with prescribers and patients
- Identify adverse drug reactions
- Educate on best practices.

### MCPS DESIGN AND ADMINISTER A VARIETY OF PROGRAMS:

- Drug Utilization Review (DUR)
- Fraud, Waste, and Abuse
- Prior Authorization (PA)
- Monitoring programs
- Quality Assurance (QA)

MCPs set up communication systems to make sure that patients, doctors, and pharmacists can easily share information with each other.

## HOW DOES MANAGED CARE PHARMACY IMPACT HEALTH OUTCOMES?



IMPROVES PATIENT CARE EXPERIENCE

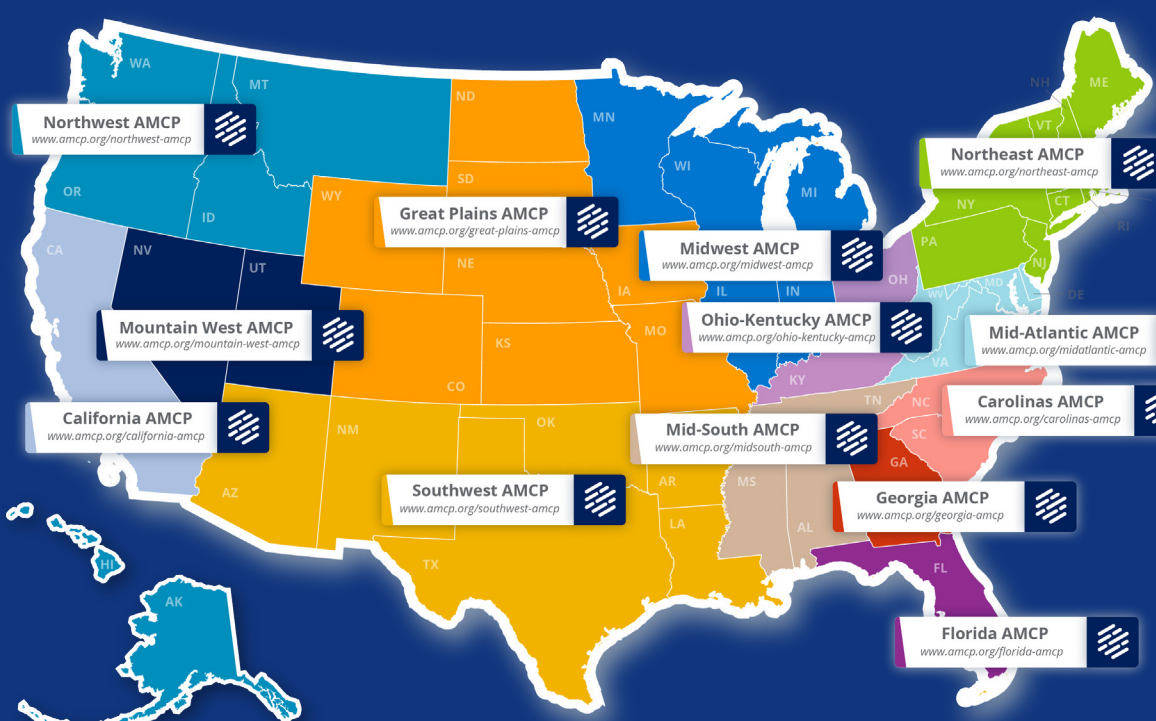


IMPROVES POPULATION HEALTH



REDUCES PER CAPITA HEALTHCARE COSTS

Additionally, managed care pharmacy strives to improve healthcare providers' work life and advance health equity. It relies on research to determine the best use of medications and to identify cost-effective treatments, ensuring optimal use of healthcare funds.



AMCP provides a diverse membership of pharmacists, students, physicians, nurses, and industry experts the essential tools for professional development, career progression, peer learning in managed care, and advocacy for legislative change to succeed and grow the profession.

LEARN MORE AT [WEAREMCPs.AMCP.ORG](http://WEAREMCPs.AMCP.ORG)