



PENNY PBM

Who am I? I am a pharmacist or managed care professional who manages drug benefits, negotiates with drug manufacturers, and processes prescription claims.

PAINS:

- There have been criticisms and misinformation about PBMs
- I need to control costs while still maintaining quality
- I am not appreciated for the positive role I play in health care and my care for patients
- It's hard to stay current with legislative and policy changes
- I am managing a vast amount of resources

MOTIVATIONS:

- Mentoring the next generation
- Finding the latest research and best practices in managed care
- Understanding the different issue perspectives
- Finding opportunities for professional growth and career advancement
- Growing my network of peers

AMCP GAIN CREATORS:

- Speak at conferences and webinars to increase your knowledge about the healthcare landscape and PBMs
- Participate in grassroots advocacy around key legislative issues impacting PBMs
- Find answers to unique and complex questions through the AMCP website
- Attend an AMCP Learn educational session or webinar to build your expertise on key issues
- Expanding your network and visibility at the AMCP Annual Meeting, Nexus, local AMCP affiliate events and AMCP Collaborate
- Build your leadership skills by volunteering on an AMCP committee
- Mentor the next generation of managed care pharmacists by participating in one of AMCP's mentor programs
- Stay ahead of regulatory and legislative changes through AMCP newsletters, social media networks and alerts



STORY

I was a student member, but didn't go into managed care pharmacy right away. After doing clinical work for a while, I joined a PBM. I needed to update my skills, so I made the decision to become an AMCP member again. Soon, I joined a committee to help build my leadership skills where I met my mentor. Since then, it's just been a wonderful experience networking, and I will value the relationships I have formed for life. I really consider members of AMCP and those that I've connected with to be family.

– *Maribeth Bettarelli* | PBM Employee and AMCP Member since 2003