



HEALTH PLAN HARRY

Who am I? I'm a pharmacist or health care practitioner working on the pharmacy benefit side or with drugs on the medical side, including quality and policy.

PAINS:

- I need to control costs while still maintaining quality
- I need CPE credits to maintain my license
- I want to stay current on legislative and policy changes

MOTIVATIONS:

- Career and professional growth
- Volunteer leadership opportunities
- Mentoring the next generation
- Understanding the different perspectives on issues
- Growing my network of peers

AMCP GAIN CREATORS:

- Attend an AMCP Learn educational session or webinar to build your expertise and CE on key issues and topics
- Grow your network of peers at the AMCP Annual Meeting, Nexus and local affiliate events
- Build your leadership skills by volunteering on an AMCP committee
- Mentor the next generation of managed care pharmacists by participating in one of AMCP's mentor programs
- Gain information that helps you prepare for regulatory and legislative changes through AMCP social media networks, AMCP Collaborate, newsletters and alerts
- Listen to the latest findings on rare diseases through AMCP Market Insights program
- Find answers to unique and complex questions through the AMCP website



STORY

I can honestly say I would not be in my role and have the career I have without AMCP. I got involved as a student early on. I did the P&T competition and the summer intern program. When I left pharmacy school, I stayed a member and was a conference buddy, volunteered to staff the booth, and moderated sessions - anything I could do to gain exposure to the organization and other people. Today I'm a Chief Pharmacy Officer for a regional health plan. I highly recommend you not only network but get involved. No matter how big or small the thing is, you never know who you'll meet and how those connections will help you and play out for you in the future.

– **Carly Rodriguez** | Health Plan Employee and AMCP Member since 2008