



WEBINAR

MTM – One Decade Down... What Will the Next Decade Bring?

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November 12, 2015



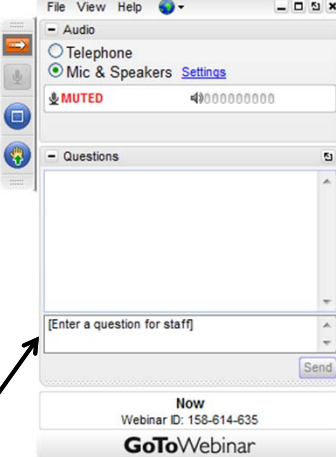
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Type your question in the 'Questions' area

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3

Today's Speakers



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4

Agenda



Evolution of MTM

- **MTM 2006 to 2016 At-A-Glance**
 - Sonya King, PharmD


- **AMCP MTM Advisory Group – What, When, and Where We’re Going**
 - Patty Kumbera, RPh

- **CMS-CMMI Enhanced Model Test**
 - Patty Kumbera, RPh

MTM – One Decade Down...
What Will the Next Decade Bring?

November 12, 2015


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MTM 2006 to 2016 At-A-Glance

Dr. Sonya King
Managed Care Pharmacy Solutions



MTM - Rearview Look

2003 - 2006

- Medicare Modernization Act of 2003
- No standards
- MTM is an administrative cost


2010

- Expanded requirements
- More eligible beneficiaries
- More plan reported data for outcomes analysis

2011

- Continue expansion of 2010 program requirements
- Affordable Care Act (ACA) provisions

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MTM - Rearview Look


2012

- Additional chronic diseases
- Increase in cost thresholds
- Long Term Care facility patients exempt

2013

- ACA 2013 improvements
- Long Term Care facility patients no longer exempt
- Increase in use of outside personnel providing MTM services
- Increase in face-to-face comprehensive medication review (CMR) activity

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MTM - Rearview Look


2014

- Support Million Hearts™ - beneficiaries complete annual CMR for annual visit
- MTM web page URL required
- Sponsors' dedicated MTM webpage - expanded expectations

2015

- Part D sponsors required to provide written CMR summary to beneficiaries as part of MTM program
- Encourage use of MTM to reduce opioid overutilization
- Face-to-face CMR remains high and all programs offer phone-based

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MTM - Forward View

2016
CMS/CMMI enhanced
model application due

2017-2021
Implementation of
CMS/CMMI enhanced
model in five regions


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Future of MTM

- MTM is:
 - **Required** for all Part D plans
 - Will expand to all government programs
 - Going to expand in scope for Part D
- MTM requirements today
 - Considered “minimal threshold” requirements
 - Plans **can** further define their plans through “expanded eligibility” and broaden criteria
- MTM tomorrow
 - Stricter and better defined standards
- The “One and Done” is gone



Where are we going?


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Future of MTM

- Integrated data systems
 - Including MTM activities into EMR
- Opiate DUR program integration
- Drug interactions and duplicate therapy measurement
- Hospitalizations due to medication errors
 - Taking admissions and readmissions to another level
- MTM is a “norm” instead of an exception, just like wellness visits



Where are we going?

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The Opportunities for Pharmacy

- **Pharmacists** are a valuable and **essential** member in the new models of care proposed by the ACA
- Population Expansion:
 - ACA 26 million by 2024
- \$300 billion in avoidable costs
 - \$105 billion in adherence
 - \$20 billion in medication errors
 - 50% of medications for chronic disease not taken as prescribed
 - 125,000 deaths annually
 - Accounts for at least 10% of total hospitalizations



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The Opportunities for Pharmacy

- Breakdown Silos – integration and streamline processes
- Payers looking for ways to identify and manage high risk patients (HRP)
- Get to patients as early and efficiently as possible!
 - Health care costs for patients with low medication adherence are **at least twice** those of patients with good adherence



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The Opportunities for Pharmacy

- Follow-up, coordinate care, resolve barriers
- Shared risks
- Pharmacists must focus on quality and quantity goals to promote patient care outcomes
- Quality outcomes
- Education to members and prescribers



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Summary

- Collaborative, patient-centric focus
- Established standards to integrate comprehensive medication management into patient care
- Overall objectives are to improve patient outcomes and MEASURE success
- Government has defined clinical service



Together, let's continue the journey

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AMCP MTM Advisory Group – What, When, and Where We’re Going

Patty Kumbera, RPh
Kumbera Solutions, LLC



AMCP MTM Advisory Group



MTM is in all health care market segments

Scope


Medication Therapy Management (MTM) applies to any and all health care market segments

- Government
 - Medicare
 - Medicaid
 - Other
- Commercial
 - Fully-insured
 - Self-insured

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AMCP MTM Advisory Group




Evolution

- Background
 - MTM is a critical component of health care today and future
 - Progress industry movement of electronic coding and standardization
 - CMS expressed importance of delivery, documentation, and reporting value of MTM
 - First meeting held March 2015

Health industry interest in MTM continues


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AMCP MTM Advisory Group




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- Cardinal Health
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Thank you to our sponsors for their continued support of the MTM Advisory Group

Health industry interest in MTM continues

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AMCP MTM Advisory Group - Participants

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AMCP MTM Advisory Group

Sub-Groups



Tapping AMCP Member Expertise

- Coding
 - MTM HIT coding gaps
 - Collaborate with PQA and Pharmacy HIT
- Part D
 - Develop recommendations and changes for CMS
 - Provide comments to CMS related to enhancements or changes

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CMS-CMMI Enhanced MTM Model Test

Patty Kumbera, RPh
Kumbera Solutions, LLC



Better care, smarter spending, healthier people



CMS
Stand-Alone Medicare Part D
Enhanced MTM Model

Effective 1/1/2017 x 5 years

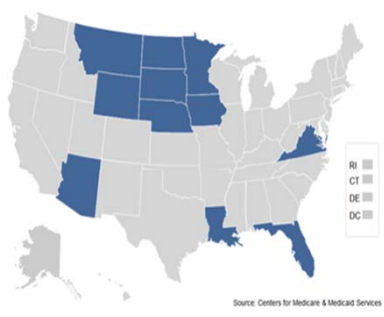
Increased Financial Incentives

- Improving MTM targeting
- Improving MTM interventions
- Right-sizing investments into MTM services
- Optimize medication use
- Improve care coordination
- Strengthen system linkages

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CMS Stand-Alone Medicare Part D Enhanced MTM Model




Source: Centers for Medicare & Medicaid Services

11 States/5 Regions

- **Region 7**
- Virginia
- **Region 11**
- Florida
- **Region 21**
- Louisiana
- **Region 28**
- Arizona
- **Region 25**
- Iowa
- Minnesota
- Montana
- Nebraska
- North Dakota
- South Dakota
- Wyoming

Limited Part D regions

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CMS Stand-Alone Medicare Part D Enhanced MTM Model



Regulatory Flexibility


Offer **different MTM services** based on **medication-related risk**, with interventions tailored specific to improvement barriers

Offer **expansive set of MTM-related items and services** and **cost sharing assistance** to financially needy

Experiment with **communication strategies** to improve coordination and engagement

CMS Looking for Innovation

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CMS Stand-Alone Medicare Part D Enhanced MTM Model



Regulatory Flexibility

Prospective payment for extensive MTM interventions **outside of a plan's annual Part D bid** and will **not impact plan premiums**

Qualify for **performance payment** as increased beneficiary premium subsidy (in a future year) for plans that achieve a **2% reduction in beneficiary fee-for-service expenditures** (net of model prospective payments)


Financial Incentives
Prospective Payment and Performance Required

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CMS Stand-Alone Medicare Part D Enhanced MTM Model



Regulatory Flexibility

Request beneficiary-level Parts A and B **claims data** and ACO alignment information to assist **identification and care coordination** of at risk of medication-related problems

MTM encounter data collection to develop **MTM-specific code sets** to support the vision of the Office of National Coordinator for Health Information Technology (ONC) for **prescription drug data interoperability**

CMS to Provide Additional Data
Time for Interoperable Data is Now

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CMS Stand-Alone Medicare Part D Enhanced MTM Model

AMCP submitted comments to CMS-CMMI on October 16:

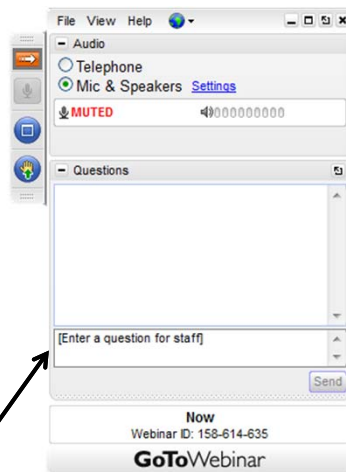
- Commended CMS-CMMI for seeking feedback on the Part D MTM program and incorporating many of the provisions that AMCP has advocated for, including flexibility with MTM criteria and changes to the payment system for MTM
- Urged CMS-CMMI to consider modes, other than SNOMED, for data submission and collection in the short-term as organizations work to implement the use of SNOMED codes
- Urged CMS-CMMI to provide clarity regarding the quality and outcomes measurements that will be used
- Requested CMS-CMMI to clarify the standards information attributed to JCPP

CMS Stand-Alone Medicare Part D Enhanced MTM Model

- Next Steps:
 - CMS webinar – November 18th 2:00 – 3:30PM EST
 - Medication Therapy Management: The State of the Art for Standards and Interoperable Data Exchange
 - To register: <http://bit.ly/1RR7kYa>

Questions

How to Ask A Question



Type your question in the 'Questions' area

AMCP Policy Issue Groups

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