

Family Health Day

University of the Pacific

Project Description & Implementation Overview

The University of Pacific Chapter co-hosted a health fair with the APhA-ASP chapter for the Stockton community. The Health Fair took place in Weberstown Mall, Stockton on a Thursday from 3-7pm. During the four hour event we offered free blood pressure, blood glucose and bone density screenings. Since the event took place in October, we also had a face painting booth, puppet show for drug awareness and candy for kids.

Purpose of the Project

The purpose of this Health Fair for the public:

- To educate public about various topics such as immunization schedules, arthritis, breast cancer, heartburn, smoking cessation, and sun burn; and to provide free screening for: blood pressure, blood glucose, cholesterol, and bone density.

The purpose of this Health Fair for the student pharmacists:

- To gain experience by interacting with public and provide them with information for various health issues
- To work with pharmacist and colleagues as a team
- To increase member involvement in the Pacific AMCP Chapter

Project Budget – Expenses and Revenues

Pacific Chapter did not have any expenses or revenues associated with the health fair. All expenses (place rental and materials for poster/flyers) were funded by the APhA-ASP chapter.

Who and How Many Chapter Members are Involved?

All board members participated in the health fair. We divided up the 4-hour health fair into 2 shifts. A few of our board members were assigned to our own educational booth and the rest acted as monitors. Monitors were located at various exits of the mall to direct the public to the health fair and between the various booths of interest. Furthermore, all monitors also acts as standby for any situations that arose. There were 10 additional committees/groups from the University that joined us for the event and their co-chairs ran the individual booths (these committees included: American Cancer Society, American Diabetes Operation, American Heart Association, American Lung Association, American Society of Consultant Pharmacist, Operation Heartburn, Children Awareness Carnival, Drug Awareness, Immunization Committee and Legislative Committee). A number of AMCP and APhA-ASP members were also involved in disseminating health information and providing health screenings. Each participating committee was responsible for recruiting enough volunteers to run their booth.

Who Should be Targeted ~ Audience or Involvement? How Do You Find Them...How Do You Contact?

Attendees: The October Health Fair targets the Stockton, CA general public to raise the public's awareness of health issues. Attendees were recruited through promotional posters and by the monitors at the site during the event.

Student Volunteers: AMCP and APhA-ASP members were recruited by the two chapters and the individual committees/groups to participate in providing the health services to the community.

Pharmacist Volunteers: Pharmacists were recruited to from the chapter's contact list and the school's alumni association to supervise the pharmacy students.

What Materials are Needed - Outside Resources, Ordering, etc ?

Tables, chairs, and other such items were provided by the mall. The individual committees/groups brought all the materials and equipment they needed for the screenings and information booths. Flyers were made and distributed to local churches, restaurants and bookstores. Signs for the Health Fair were also posted at various entrances to the mall to direct people to our event.

Timeline for Implementation and Execution

Get Approval: Submit a written proposal to obtain permission from school for the event.

Participating Committees: AMCP and APhA-ASP invited and recruited committees on campus that were interested in participating in the Health Fair. These committees included: American Cancer Society, American Diabetes Operation, American Heart Association, American Lung Association, American Society of Consultant Pharmacist, Operation Heartburn, Children Awareness Carnival, Drug Awareness, Immunization Committee and Legislative Committee.

Secure the space: To ensure space, reserve with the space through the mall at least a month in advance. You need to provide a list of items needed for the event such as: tables, chairs, electric outlets for screening machines, extension cords and table cloths.

Recruiting Pharmacists: Once the place is reserved, e-mail invitations are sent to local pharmacist and Pacific Alumni to recruit pharmacist that are interested in volunteering for this event.

Recruiting Pharmacists Interns/Volunteers: Announcements are made in class and e-mails are sent out to all students who intend to volunteer. The event is divided in two shifts and sign-up lists are posted on the bulletin board for students to sign up. ASP has a list of alumni contacts that were invited to participate. Only five pharmacists from that list could make it to the Health Fair. There were over 20 volunteers each shift. Besides volunteers for each committee, there were also volunteers for set-up, monitoring, and clean-up. We were well aware of the Rph and intern ratio (1:2), therefore most of our booths are informational and not giving out medical related advises.

Promoting the Event: Flyers which include place and time of the Health Fair and a list of free screening that will be provided are made and approved by the school two weeks in advance. These flyers are then distributed to local churches, restaurants and bookstores one week before the event. In addition, posters are made along with the flyers and posted the day of the event at various entrances to the mall to attract and direct public to the health fair. The Health Fair was also placed on the local newspaper's calendar of events a week in advance.

Meeting: Before the Health Fair, all committees are invited to a meeting for final details of the Health Fair. During the meeting, they were told about the schedule and placement of each committee as well as expectation of each committee during the event.

Reminder: A reminder email was sent to all participants the day before the event.

After the Event: A thank you note is sent out to each pharmacist and volunteer that helped during the Health Fair. In addition, all members that participated in the event will receive credit towards their honor cord requirements, and all the pharmacists that participated received a complementary t-shirt provided by the APhA-ASP chapter.

Follow-up with Faculty Members/Volunteers/Participants

Thank you notes were sent out via email to all participants.

Project Evaluation – What Went Well...What Didn't ...How Would You Improve for the Next Year?

This is the first time Pacific Chapter has co-hosted a Health Fair. It was a great turned out. Many families stopped by our health fair. The kids enjoyed face painting while their parents got screened. The pharmacist and volunteers made it possible for the event. In addition, the board members ensured that the event ran smoothly. For next year, we would try to improve the Health Fair by recruiting bilingual speakers to the event and holding it an hour or two earlier so more people can attend.

“Project Checklist”

- Get approval**
- Contact other committees and organizations on you campus to participate**
- Reserve the event and the space with the mall**
- Invite local pharmacist and alumni to participate**
- Recruit pharmacy interns/ volunteers**
- Develop onsite schedule and placement**
- Create, duplicate, and distribute posters and flyers**
- Promotion: post event on local newspaper calendar and put up flyers**
- Hold orientation meeting for volunteers**
- Send out reminder emails to everyone 2 days before the event**
- Send out thank you notes to all the participants**

Agenda for meeting with ASP VP of Professional Affairs

1. Confirm date and time of Health Fair
 - a. Consult student class schedule and event calendar for best date
 - b. Decide on best time – 2pm-6pm versus 3pm-7pm
2. ASP will book the venue and arrange for tables and chairs from the mall
3. ASP will submit even form for approval by the school
4. ASP committees that will participate:
 - a. OH
 - b. OD
 - c. AHA-cholesterol (hopefully) and BP
 - d. Leg
 - e. ALA
 - f. ACS
 - g. CAC
 - h. AMCP – arthritis and bone density
5. Advertising
 - a. Meet to make posters
 - b. AMCP will check possible ways to advertise – newspapers, pass out flyers at the mall, at local churches, etc
 - c. AMCP will make a flyer to pass out into the community
 - i. Get use of school logo approved
6. AMCP will contact pharmacists to supervise the event
 - a. Organization contacts
 - b. School's alumni network
7. Each committee will recruit their own volunteers
 - a. E-mails
 - b. Sign-up sheets

10/30/08

3pm—7pm

FREE

★ Family Health Day ★



- ★ **FREE blood pressure, bone density and blood sugar screening**

- ★ **Lots of useful health information**

- ★ **Face-painting for the kids**



**Thursday,
October 30th
3:00 —7:00**

**Weberstown Mall
4950 Pacific Ave # 500
Stockton, CA 95207**



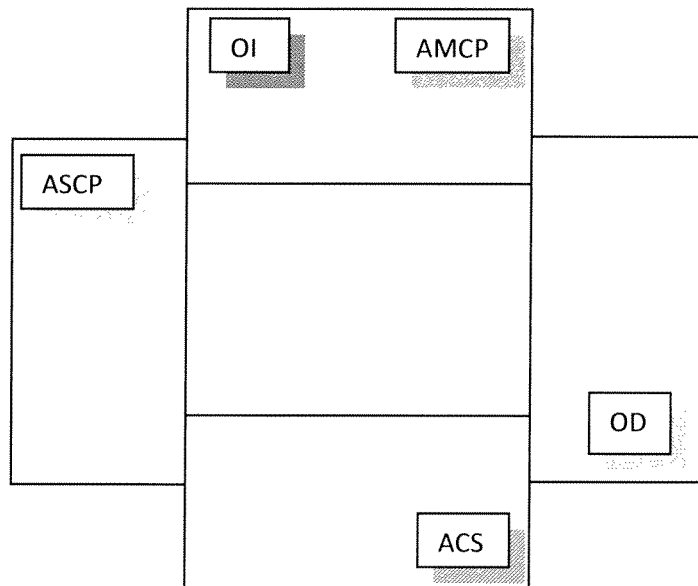
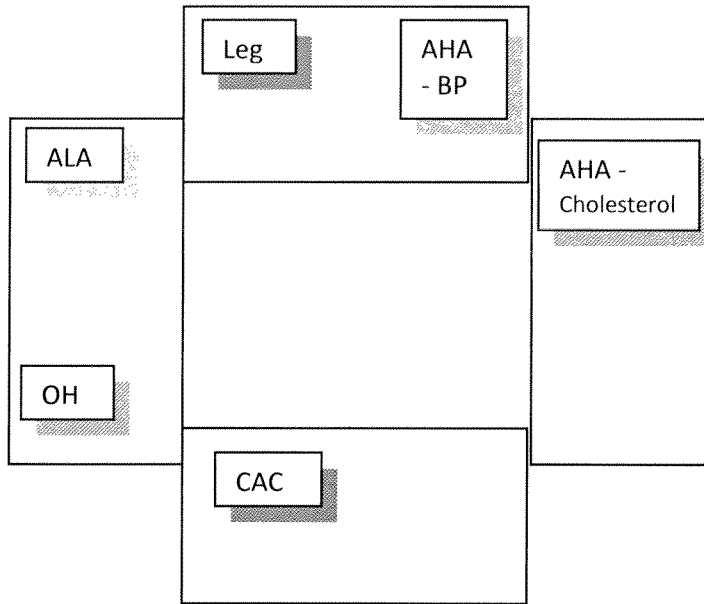
FREE

★ UNIVERSITY OF THE
PACIFIC

Thomas J. Long School of
Pharmacy & Health Sciences

Family Health Day University of the Pacific

Placement Diagram



AMCP/ASP October Health Fair Signup Sheet

Date: *Thursday 10/30*

Time: *3-7pm*

Place: *Weberstown Mall*

Arthritis Clinic Project

	Shift	Name	email address
#1	3-5p	_____	_____
#2	5-7p	_____	_____

Bone Density Volunteers

Must be trained and bone density certified

	Shift	Name	email address
#1	3-5p	_____	_____
#2	3-5p	_____	_____
#3	3-5p	_____	_____
#4	5-7p	_____	_____
#5	5-7p	_____	_____
#6	5-7p	_____	_____

Schedule for Family Health Day

October 30th, 2008

- 2:30 General Set up (tables, chairs, power cords...etc)– AMCP Board and set up crew
- 2:45 Booth Set up – All committees and 1st shift volunteers
- 3:00 Health Fair begins
- 4:45 2nd shift volunteers arrive, communicate for shift change
- 5:00 2nd shift begins
- 7:00 Health Fair ends and start clean crew starts cleaning up
- 7:15 Done with clean up and return all utilities to the Mall

Professional Event Registration

Event Information:	
Name	
Date(s)	October 21, 2008
Sponsoring Organization (s)	ASP
Professional Activities to be Performed	Glucose screenings, BP, inhaler education, bone density screenings, heart burn education, sunscreen awareness, face painting, cholesterol screenings (TBA), cancer information
Contact Person:	
E-Mail Address	
Phone number	
No of Students Participating	55
No of Supervising	5

List Student Pharmacists that will participate in this event:	

List Supervising Pharmacists that will participate in this event:	
Edlen Wong	Ed Sherman
Allen Shek Joseph Woelfel	Dr. Johnathan Yeh

Agreement and Signature	
By submitting this application, I affirm that we are following the guidelines for professional community outreach programs approved by the faculty of the Thomas J Long School of Pharmacy and Health Sciences.	
Name (printed)	
Signature (Contact Person)	
Adviser Signature	
Date	10/21/08

Approved:	
Veronica Bandy	Date:
Donald Floriddia	Date:

Email Invitations that were sent to local pharmacists

Dear Dr. _____,

ASP has invited AMCP to join them for a Health fair on Oct 30th from 3-7pm. We will be presenting our Arthritis Clinical Project at the health fair. In addition, we will need pharmacists to be present at the health fair. Each pharmacist is only responsible for a 2 hour shift (3-5p or 5-7). Will you be available to help us? Do you know any pharmacist that will be interested in participating at this health fair?

Thank you very much for your help,
AMCP Board

Email Announcements sent to all students who volunteer

Hi Class of 2010 and 2011,

Are you interested in volunteering for a Health Fair around Stockton?
Here is your opportunity.

AMCP and ASP is having a Health Fair on Thursday 10/30 from 3-7pm @ Weberstown Mall. AMCP is looking for 2 unique individuals to volunteer for our Clinical Arthritis project (2 hours shift). In addition, we are looking for 6 volunteers for the Bone Density Screening. In order to volunteer for Bone density screening, you must be trained and certified.

Please sign-up and volunteer to for the health fair. This will be a great opportunity to get involved in the community and practice your clinical skills. Sign up sheets will be posted outside of ASP office on 10/21 by 8:30am.

Thank you,
AMCP Board

Email reminder for all students volunteers

Hi volunteers,

Just a friendly reminder that AMCP-ASP are having our Health Fair tomorrow 10/30 from 3-7p. For those that signed up for 1st shift (3-5p) please arrive by 2:45p. If you signed up for the 2nd shift (5-7p) please be there by 4:45p. You must wear your white coat and Pacific ID at all time during the health fair. If you have any question during the health fair, please feel free to ask one of the AMCP board (in green) or ASP Board (in orange). There will also be pharmacists on duty, please do not hesitate to ask for help.

See you all tomorrow.

Thanks,
AMCP Board

AMCP/ASP October Health Fair Sign-In Sheet

Date: *Thursday 10/30*

Time: *3-7pm*

Place: *Weberstown Mall*

Arthritis Clinic Project

	Shift	Name	Signature & Time
#1	3-5p	_____	_____
#2	5-7p	_____	_____

Bone Density Volunteers

	Shift	Name	Signature & Time
#1	3-5p	_____	_____
#2	3-5p	_____	_____
#3	3-5p	_____	_____
#4	5-7p	_____	_____
#5	5-7p	_____	_____
#6	5-7p	_____	_____

Set – Up Volunteer:

~Thank you for volunteering~